

Norvic Training (UK) Ltd

AUTUMN 2011

Wendy, our M.D., attends a charity fundraiser organised by Insignia Healthcare Solutions Ltd. Visible on the ground is our life-sized resuscitation manikin that members of the public were able to try out.



HSE accredited
First Aid courses

Basic Life Support

Patient Handling
Techniques

Phlebotomy

Rescue from
Ligature

Management of
Acute Anaphylaxis

Epilepsy Awareness

Advisory External
Defibrillation

Oxygen
Administration

Infection Control

Food Safety

EMT

Care Home
Induction

Report Writing

Awareness of
Dementia

News from Norvic

Tissue Viability

Norvic has responded to the importance of tissue viability assessment of new service-users highlighted by CQC. We have launched open courses at Drayton Old Lodge with the next one running on 25th November.

New Courses Launched This Season:

- Half-day Dementia
- Autistic Spectrum Disorder
- Sensory Deprivation Awareness

Open Courses Across East Anglia

Norvic continues to run first aid courses in Norwich, Kings Lynn and Cambridge throughout the autumn. Places are limited so book early and avoid disappointment.

Phlebotomy

Our open phlebotomy courses are proving popular. Autumn dates are 15th September and 9th December at Drayton Old Lodge.

"Well designed course, theory morning and practical afternoon. Well presented with lots of opportunity to ask questions which were answered fully."

E-Newsletter

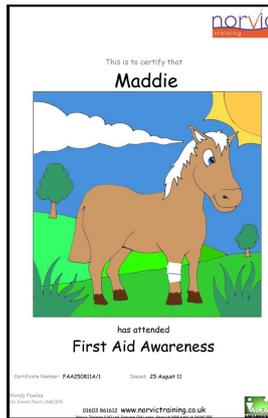
To sign up simply send an email request to Gill Perks at gill.perks@norvictraining.co.uk

Norvic Training (UK) Ltd Drayton Old Lodge, Drayton, Norwich NR8 6AN
For more information regarding training courses offered call 01603 861612





First Aid Skills for Children



This summer Norvic were requested to run a one-day first aid course for children as young as five at a local pony club. Our trainer James, a current Duke of Edinburgh leader, ran the session; "I feel it's great for young people to be learning a life-saving skill in addition to the academic subjects they learn at school. We started the day discussing what they consider first aid to be and what experiences of getting hurt they'd had." James understood the need for the session to be educational, so they went away with genuine new skills, but also fun so that they remained engaged." The focus for small children is on getting them to call for help so we designed posters showing what information they would need to include when calling for an ambulance."

Norvic have successfully run a number of sessions designed for young people. We are looking forward to continuing this in the new year.

Can't find the course you need?

Fundraising Fun at Bilney Hall

Give us a call and we'll do our best to help you.

Alison, the manager at Bilney Hall, is pleased to announce that on 31st

July they had the best summer fete ever. The stalls included not only tombola but also teddy tombola. This stall was manned by a highly efficient and enthusiastic 12 year old, William. The Splat the Rat almost became rather messy as Tracey Dickenson threatened to venture into her husband's barn for a live version to post down the drainpipe! Don't worry a stuffed one was found. Understandably volunteers for the stocks were not too plentiful but a big thank you to Nicky and husband for allowing themselves to be splattered with wet sponges! Luckily it was a really warm, sunny day.

Well done to the kitchen staff, does your role in the kitchen help you to estimate the number of sweets in a jar? Alison wants to thank all those who helped make the event so good; all the stallholders, the cake bakers and those that donated raffle prizes. Norvic provided the yummy chocolate biscuits and of course some wine, if you won them I hope they were as good as they looked.

A big thank you to the residents and their families who attended and added the happy faces to the happy day. The total raised was £891 which will go on such things as a day out for all the residents and a visit to Bilney Hall from Zoo Fantastic who bring in zoo animals for the residents and staff to handle. Next time I am training at Bilney I am going to comb the room for snakes.

Well done Angela and all the team, let us know if you have an event you would like support with, we will be happy to help.

Wendy

Norvic Training (UK) Ltd Drayton Old Lodge, Drayton, Norwich NR8 6AN
For more information regarding training courses offered call 01603 861612



Community News

Extend - Exercise for the over 60s and less able.



Participants enjoying an EXTEND class

Today's sedentary lifestyles can lead to a risk of developing illnesses such as type 2 diabetes, heart disease and cancer. Experts agree that exercise has a powerful effect on both the treatment and prevention of chronic disease and obesity with the added benefit of reducing the risk of falls, lifting the mood and creating a feeling of wellbeing.

'Active Norfolk' is encouraging everyone aged 60 and above, or those who are less able, to take part in EXTEND, a national health promotion charity that has its roots in exercise, health, movement and dance.

Pamela Redwood, has been an EXTEND instructor for 2 years now and loves it. She says, "Our teachers take classes in residential homes, nursing homes, day care centres and village halls. Classes are for everyone who is over 60, including those who are already active and it is also an ideal way for less able people of all ages to keep fit. Participants are encouraged to increase their mobility and independence by working on strength, stamina, flexibility, co-ordination and balance. The exercise routines are designed to be fun and encourage social interaction so people can have fun and socialise whilst they move to music."

Nick Clarke, Physical Activity and Health Co-ordinator at, Active Norfolk said: "In the new year we are looking to introduce EXTEND classes into more venues across Norfolk. We're asking everyone over 60 to make 2011 the year that they join an EXTEND class."

If you would like to find out more about EXTEND classes and teachers throughout Norfolk, call Pam Redwood on 01493 748830 (office hours) or email beactive@tiscali.co.uk.

Norvic Training (UK) Ltd Drayton Old Lodge, Drayton, Norwich NR8 6AN
For more information regarding training courses offered call 01603 861612





Calling all gyms

Do you belong to a gym? We are looking for any gyms that would like us to put up a stand at their site to give customers a quick, free introduction to resuscitation.

We would use our full-sized manikin hooked up to a laptop to provide a read out of how well they are doing. We would be delighted to incorporate this into a charity event to raise money for a worthy cause.

Autism Awareness

We are hoping to give Ros Blackburn, a fantastic speaker on Autism who suffers from the disorder, to give an hour's talk this winter. If customers who work with clients suffering from Autism feel they would like us to do this please get in touch and we will move forward with the arrangements

Open course venues

Do you know that we regularly run open courses in Cambridge and King's Lynn? Call us to book your places.

Potential new course

Do you require Injection Technique Training? We are currently researching the demand - let us know your thoughts.

Join us on Twitter at
norvicnews
for information on special
offers, changes in legislation
and new courses being
launched.

Testimonials

"Superb course. The best I have attended. I feel much more confident about using the first aid procedures covered and I am sure I will retain all the information – excellent."

"Good course, refreshing content. Good value for money compared to other training providers"

"The use of video clips and interactive whiteboard really helped. The course was a good pace and the content was made interesting. It's the most enjoyable First Aid course I have attended in 20 years."

"Today has been a real insight for me and I feel more confident in my role with the understanding I now have"

"Well designed course, theory morning and practical afternoon. Well presented with lots of opportunity to ask questions which were answered fully."

"I have been doing First Aid for 33 years and it was the best course I have been on."

"The trainer was excellent. He gave a really good feel of 'real life' situations. I feel a lot more confident because of this - many thanks."

For all our latest news and course dates
visit our website

www.norvictraining.co.uk

Norvic Training (UK) Ltd Drayton Old Lodge, Drayton, Norwich NR8 6AN
For more information regarding training courses offered call 01603 861612

