

# First Aid Needs Assessment



Completing a First Aid Needs Assessment will help you to decide the type of first aid training your first aiders will need, how many first aiders you should have and where they should be located.

You should consider;

- The hazards and risks prevalent in your workplace
- The accident records for the organisation - nature of accidents that have occurred in the past
- Travelling, lone and remote workers
- Work patterns
- Annual leave of workers
- First aid provision for visitors to the site
- The number of workers on the site

# First Aid Needs Assessment

When considering the hazards and risks in your workplace the following table may be useful:

<b>Risk</b>	<b>Possible injuries requiring first aid</b>
<b>Manual lifting</b>	Fractures, lacerations, sprains and strains
<b>Tripping hazards</b>	Fractures, lacerations, sprains and strains
<b>Machinery</b>	Lacerations, amputations, fractures, crush injuries, eye injuries
<b>Working at height</b>	Head injury, fractures, sprains and strains, spinal injuries
<b>Electricity</b>	Electric shock, burns
<b>Chemical contact</b>	Poisoning, loss of consciousness, burns, eye injuries
<b>Driving</b>	Crush injuries, fractures, sprains and strains, spinal injuries

*Please note that there are many different types of risks and injuries that can occur - these are simply some examples.*

# First Aid Needs Assessment

There are two types of first aider:

- 1) Emergency First Aider at Work (EFAW) - 1 day course
- 2) First Aider at Work (FAW) - 3 day course

This table is aimed to help you decide which type of first aider would most meet your requirements;

<b>Topic</b>	<b>Covered on EFAW</b>	<b>Covered on FAW</b>
Acting safely and effectively in an emergency	X	X
Cardio pulmonary resuscitation (CPR)	X	X
Treating and unconscious casualty	X	X
Choking	X	X
Wounds and bleeding	X	X
Shock	X	X
Minor injuries	X	X
Recording accidents	X	X
Fractures		X
Sprains and strains		X
Spinal injuries		X
Chest injuries		X
Burns and scalds	X	X
Eye injuries		X
Poisoning		X
Anaphylaxis		X
Heart attack	X	X
Stroke		X
Epilepsy		X
Asthma		X
Diabetes		X