

## **CPR for Young People - Changes to Resuscitation Council Guidelines**

The latest resuscitation council guidelines published 16th October 2015 state that all school children should be taught CPR (Cardio Pulmonary Resuscitation). It is believed that many more lives would be saved if fast effective first response was available. At Norvic we've been saying this for years and are delighted with the news.

The guidelines recommend that primary school children are taught to recognise that a person has gone into cardiac arrest and to call for help. Secondary school children can be taught full CPR. The guidelines can be read here: [https://www.resus.org.uk/press-releases/new-uk-resuscitation-guidelines-released-on-october-15/?dm\\_t=0,0,0,0](https://www.resus.org.uk/press-releases/new-uk-resuscitation-guidelines-released-on-october-15/?dm_t=0,0,0,0)

If you would to talk to us about how we could help your school put this in place in a fun and cost effective way do get in touch.

One suggestion we have is an after school 2hr session for up to 16 students, part funded by parents. Do talk to us about how this could work in your school.



For further details on any of our courses, or to book, please contact us [online](#) or call Andy on 01603 861612 (Norwich )or Paul on 01223 441487 (Cambridge)